

Start **The 90-Day Challenge** TODAY!

With great support and tools to help you along the way!



eat

Breakfast, lunch, dinner and snacks! A suggested meal plan will be provided.



drink

Drinks lots of water! Try to keep alcohol and soda to a minimum.



b-12 shots

Lipo-Plex B-12 "Fat-Burning" injections will increase your weight loss results.



track

Track nutrition in **myfitnesspal.com**.



share

Participants are encouraged to take pictures & videos



attend

- Weekly weigh-ins and food journal reviews
- Monthly follow-up visits

90-Day Challenge only \$499 (Save Up To \$204*)

(3) Monthly Medical Provider Visits

(1) 12-Pack of B-12 Injections

(3) 30-Day Supply Appetite Suppressant**

(3) 30-Days of Nutritional Counseling

Monthly Bonus FREE Products

Complete Month 1: FREE 12-Pack of B-12 Injections (Reg. \$96)

Complete Month 2: FREE 12-Pack of B-12 Injections (Reg. \$96)

Prizes, Raffles & Spin-To-Win!



SC: Charleston: 843.769.5510 Florence: 843.629.0099 Mt. Pleasant 843.606.3333 Summerville: 843.261.1111

NC: Hickory: 828.485.2833 Huntersville: 704.987.8446

Initial Medical Provider Appointment Must Be Completed in September

* includes Free Bonus Products **\$30 per month/add'l costs may apply